

UNDERSTANDING TEEN-AGE



ADOLESCENCE

- The intermediary stage of growth between childhood and adulthood.
- It represents the period of time during which a person is subjected to an array of biological transformations and runs into a number of emotional tribulations.
- According to the World Health Organization (WHO), adolescence encompasses the epoch of life between 10 and 20 years of age.



CHARACTERISTICS OF ADOLESCENCE

1. BIOLOGICAL

2. PSYCHOLOGICAL

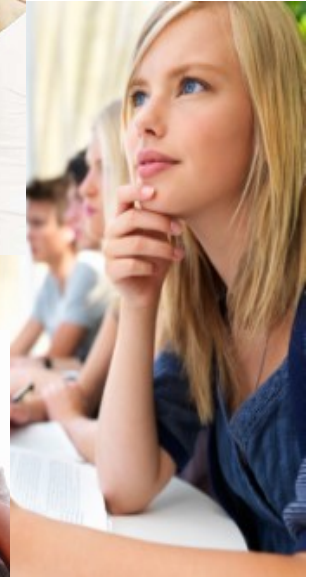
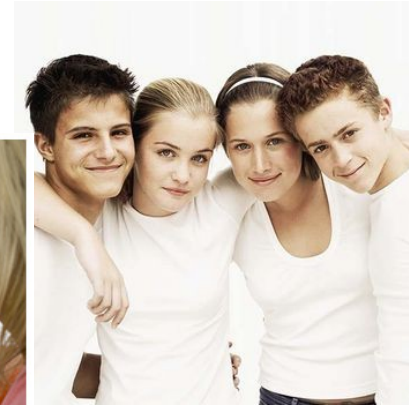
3. SOCIOLOGICAL

4. PHYSICAL CHANGES

5. INTELLECTUAL / MENTAL

6. SOCIAL / EMOTIONAL

7. SPIRITUAL / MORAL



INFLUENCES AFFECTING TEENAGE LIFE

1. Mass Media
2. Anti-family propaganda
3. Peer Pressure (*drugs, smoking, alcohol, pregnancy*)
4. Materialism / Modernism



“MAL” PARENTING

M – misbehaviour



A – absenteeism



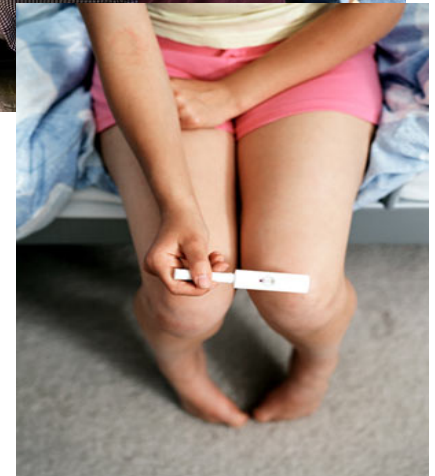
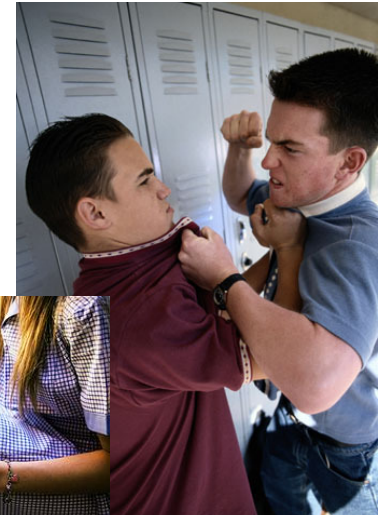
L – lack of parenting (Skills and Knowledge)



PROBLEMS OF TEEN-AGERS

... With THEMSELVES

- confused: boy or young man / girl or young lady
- priorities – don't know proper order
- peer pressure / frats / sororities
- vice: drugs, smoking, drinking
- sex ; curious / try it / unwanted pregnancy



PROBLEMS OF TEEN-AGERS

... With THEIR PARENTS

- separated
- working busy parents
- parental presence but no communication
- lacks parental support in activities
- freedom vs overprotective parents



PROBLEMS OF TEEN-AGERS

... With THEIR PARENTS

➤ too much restrictions

➤ age gap

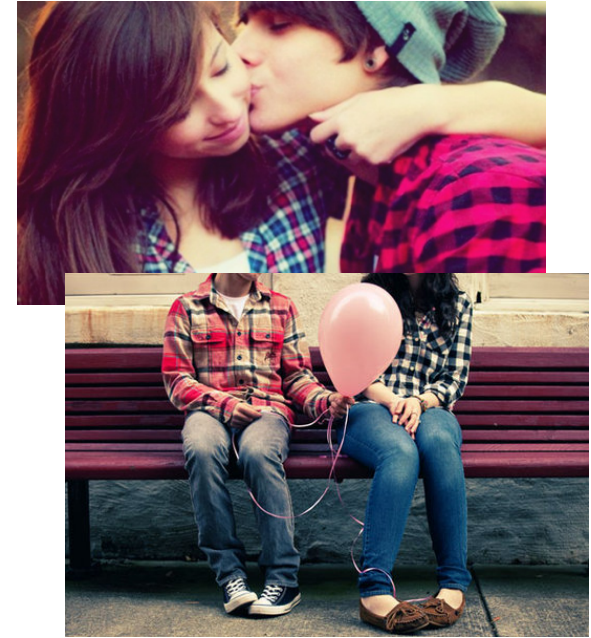
➤ money

➤ liberal ideas vs old-fashioned ideas



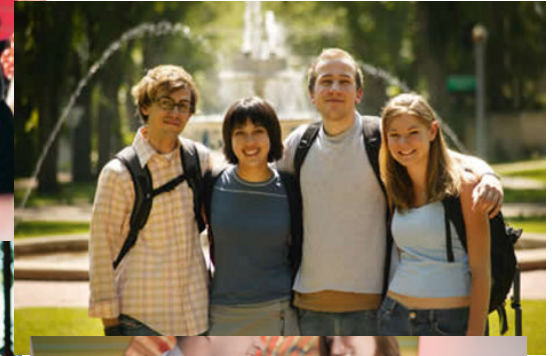
WHAT IS LOVE? ... (for teenagers)

- feel something but can't describe it
- being nervous when you see that someone
- excited to go to school because of him/her
- growing faint when that someone smiles back at you
- don't care what people say against him/her
- rushing home to call or be called by him/her
- you have never met anyone so interesting so funny or so CUTE!!!



KINDS OF DATE:

- Mall/Shopping date
- Double/Group date
- Dutch-date
- Blind date
- Dinner date
- Stay-at-home date
- Church & Sports date



KINDS OF DATE:

- Party/Gimmick date
- Concert/Movie date
- Museum/Art Show date
- School Activities (Fair/Soirees)
- “Eyeball” (internet) date



DO's AND DON'T OF DATING:

- Plan out an activity for a date (clean fun).
- Be on time and know the proper manners of dating.
- Better introduce “date” to parents.
- Act and dress modestly.
- Learn to say “NO” to “advances”.
- Don't date people of the “same” sex



WHAT TO SAY WHEN YOU ARE DARED TO DO OR...

If someone says	You can say
"Come on, just this once."	"That's exactly what I'm afraid of, I'd rather save myself for someone who will love me for life."
"Everybody's doing it."	"I guess you don't know everybody, because I have friends who are still virgins."
"If you love me, you'd let me."	"If you loved me, you wouldn't ask."
"No one has to know."	"I'll know and you'll know...that's too many people for me."
"What are you afraid of?"	"AIDS, HPV, gonorrhoea, syphilis, chlamydia, herpes and about 20 other STDs."
"Don't you love me enough to have sex with me?"	"Don't you love me enough NOT to have sex with me."

HOW EARLY DO THEY LOSE IT?

1992 Young Adult Fertility/Sexuality Study

Ref: UP Population Institute

Sample : 11,000 youth all over the country

Respondents : Male and Female

Ages : 15-25 years old

1. Have you had pre-marital sex?

Female - yes, at 18 years old

Male - yes, at 16 years old

2. Whom did you do it with?

Female - with boyfriends

Male - girls with no romantic attachments

3. Where did it first happen?

Female - at home

Male - motels

CHRISTIAN VALUES TO TEACH OUR CHILDREN:

1. Teach doctrine
2. Use of time – schedule
3. Rest and Recreation
4. Use of money
5. Use of facilities/gadgets
6. Decency and modesty

